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RESEARCH ARTICLE

Development of elite restoring lines by integrating blast resistance and low amylose content using MAS

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Abstract

Blast resistance and grain quality are major problems in hybrid rice production in China. In this study, two resistance (*R*) genes, *Pi46* and *Pita*, along with the gene *Wx^b*, which mainly affects rice endosperm amylose content (AC), were introgressed into an elite *indica* restoring line, R8166, which has little blast resistance and poor grain quality through marker-assisted selection (MAS). Eight improved lines were found to have recurrent genome recovery ratios ranging from 88.68 to 96.23%. Two improved lines, R163 and R167, were selected for subsequent studies. R167, which has the highest recovery ratio (96.23%), showed no significant differences in multiple agronomic traits. In contrast, R163 with the lowest recovery ratio (88.68%) exhibited significant differences in heading date and yield per plant compared with the recurrent parent. At two developmental stages, R163 and R167 had greatly enhanced resistance to blast over the recurrent parent. Similar trends were also observed for agronomic traits and blast resistance in R163- and R167-derived hybrids when compared with the counterparts from R8166. In addition, R163, R167, and their derived hybrids significantly improved the grain quality traits, including amylose content (AC), gel consistency (GC), chalky grain rate (CGR), and degree of endosperm chalkiness (DEC). It confirmed the success of efficiently developing elite restoring lines using MAS in this study.

Keywords: rice, restoring line, blast resistance, grain quality, MAS

1. Introduction

Rice, one of the most important food crops, feeds nearly half of the global population. Maintaining stable rice production is extremely important to feed the constantly growing human population, particularly in some Asian and African countries (RoyChowdhury *et al.* 2012; Tsukaguchi *et al.* 2016). Hybrid rice, which gives significantly higher yields than the inbred lines due to its heterosis or hybrid vigor, has been widely cultivated in China. Currently, more than half of the total rice growing areas in China are planted with hybrid rice cultivars

Received 12 December, 2016 Accepted 11 May, 2017
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doi: 10.1016/S2095-3119(17)61684-8

(Peng *et al.* 2009; Duan *et al.* 2012). However, whether a hybrid cultivar could be planted widely or not depends upon many factors. Among them, the resistance to blast disease and the grain quality play a very important role.

The extensive cultivation of a few hybrids on a large scale not only narrows down the genetic diversity but also increases the risk of blast disease epidemicity as it favors the speedy spread of virulent races of *M. oryzae* fungus (Xiao *et al.* 2015). The fungus can infect all aerial parts of the plant and cause rice blast, which is one of the most devastating and destructive diseases of rice worldwide (Couch and Kohn 2002). Commonly, the disease reduces yield by 10–30%, and even up to 80% under suitable environmental conditions (Skamnioti and Gurr 2009). A serious yield loss was witnessed in 2006 due to severe seedling and neck blast, which was reported in approximately 20% of the hybrid rice fields in China (Liu *et al.* 2010). Furthermore, more than 1 500 and 500 ha of hybrid rice in Guangdong Province, China was seriously damaged by blast disease in 2008 and 2011, respectively. Therefore, adequate blast resistance is a primary criterion for a new rice cultivar to be officially certified and released in several provinces of China (Xiao *et al.* 2012). It is generally believed that utilization of resistant cultivars is an effective and economical way of combating the disease. Moreover, it is documented that integrating multiple resistance (*R*) genes is the most advocated strategy to develop new cultivars with broad-spectrum resistance to blast (Hittalmani *et al.* 2000; Tacconi *et al.* 2010). Thus far, more than 100 blast *R* genes conferring resistance to various *M. oryzae* races have been reported. Among them, only a small portion have been cloned (Xu *et al.* 2014; Ramkumar *et al.* 2015). Molecular markers that are tightly linked to these *R* genes have been developed and are universally used to transfer *R* genes into rice through MAS to improve resistance to blast disease (Ni *et al.* 2015; Ramkumar *et al.* 2015; Ellur *et al.* 2016; Xiao *et al.* 2016).

Currently, rice cultivars with superior cooking and eating quality are preferred in China. It is well documented that amylose content (AC) is the major determinant of rice cooking and eating quality (Yi *et al.* 2009; Jin *et al.* 2010; Hori *et al.* 2016). The *Waxy* (*Wx*) gene, which encodes a granule-bound starch synthase (GBSS) and is located on chromosome 6 of rice, plays a key role in amylose synthesis (Wang *et al.* 1995; Smith *et al.* 1997). Many studies have proved that the *Waxy* region on chromosome 6 has major effects not only on AC, but also on gel consistency (GC), which reflects the gel length (Tan *et al.* 1999; Zhou *et al.* 2003; He *et al.* 2006; Wang *et al.* 2007). Two *Waxy* gene alleles, *Wx^a* and *Wx^b*, have traditionally been associated with the contents of GBSS and AC in rice endosperm. There is more transcription from the *Wx^a* allele, thus leading to higher

levels of GBSS and thus AC, which results in firm and non-sticky cooked rice. However, the *Wx^b* allele usually results in low AC and thus tender and sticky cooked rice, which is favored by most Asian consumers (Chen *et al.* 2008; Jairin *et al.* 2009). A polymorphic (CT)_{*n*} microsatellite, locating in the 5'-untranslated region of the *Wx* gene, was identified by Bligh *et al.* (1995) and subsequently renamed RM190 (Temnykh *et al.* 2000). The marker RM190 has been reported to be significantly associated with the AC and GC (Ayres *et al.* 1997; Zhou *et al.* 2003; Bao *et al.* 2006), and it has been intensively used to improve the qualities of rice cultivars using marker-assisted selection (MAS) (Yi *et al.* 2009; Jin *et al.* 2010; Jantaboon *et al.* 2011).

In previous studies, a restoring line named R8166 was found that showed a strong combining ability. Although R8166 has been widely utilized in hybrid rice breeding programs, its susceptibility to blast disease is a potential threat to its application. The other defects of R8166 are its high AC and hard GC due to its *Wx^a* genotype, leading to dry and fluffy cooked rice that tends to become hard after cooling. As a result, the poor rice quality negatively affects its application. Therefore, the improvement of R8166 has focused on increasing blast disease resistance, reducing AC and improving GC without damaging its elite agronomic traits and combining ability. Here, we reported the introgression of the genes *Pi46*, *Pita*, and *Wx^b* into R8166 by marker-assisted backcross breeding (MABB). Eventually, two improved lines, R163 and R167 with the lowest and highest recovery ratios of the recurrent genome, respectively, were developed and used for generating corresponding hybrid combinations with enhanced blast resistance and improved grain quality.

2. Materials and methods

2.1. Plant materials

R8166, an elite *indica* restoring line, was chosen as the recurrent parent. Although it has good combining ability, it has poor resistance against blast and its grain is of poor quality due to the relatively high AC and hard GC. The *indica* rice accession H4, conferring broad-spectrum resistance to blast at both the seedling and adult stages, was used as the donor parent in this study. H4 was found to carry at least two major *R* genes, with *Pi46* on the long arm of chromosome 11 (Xiao *et al.* 2011) and *Pita* on chromosome 12 (Xiao *et al.* 2016). The *R* gene *Pi46* was confirmed to be a different allele of the *Pik/Pi1* locus, for several single nucleotide polymorphisms (SNPs) that can discriminate them were identified (data not shown). Besides, H4 has low AC and soft and sticky cooked rice mainly due to its *Wx^b* allele. Two sterile lines including the cytoplasmic male-sterile

(CMS) line Ning A and the thermo-sensitive genic male sterility (TGMS) line Shen 08S, were used to produce six F_1 hybrids by crossing with the recurrent parent, R8166, and the improved versions, R163 and R167 (described below), respectively. The F_1 hybrids were subsequently evaluated for disease resistance and grain quality.

2.2. Molecular marker analysis

Three simple sequence repeat (SSR) markers were used for foreground selection. The SSR markers RM224 and RM179 were used to detect *Pi46* and *Pita*, respectively. Marker RM224 is tightly linked with *Pi46* at ~1.0 cM (Xiao et al. 2011). Whereas marker RM179, which is located near the centromere of chromosome 12, is tightly linked with *Pita* (data not shown). The SSR marker RM190 was used for tracing the *Wx^b* allele derived from H4. Information about these three markers is listed in Table 1. For further background selection, the other 253 SSR markers distributed evenly on the 12 chromosomes, were used for polymorphism surveys between the donor and recurrent parent, and polymorphic markers were used to recover the genetic background of R8166. Genomic DNA was extracted from frozen leaf materials using the cetyl triethylammonium bromide (CTAB) method (Murray and Thompson 1980) with minor modifications. Each 20 μ L PCR reaction consisted of 1 \times PCR buffer (10 mmol L⁻¹ Tris, pH 8.4, 50 mmol L⁻¹ KCl, 1.8 mmol L⁻¹ MgCl₂), 0.05 mmol L⁻¹ dNTPs, 5 pmol of each primer, 1.0 U of *Taq* polymerase, and 50 ng genomic DNA. All amplifications were performed using an applied biosystems (ABI, Shanghai, China) thermal cycler under the following profile: 94°C for 5 min; 32 cycles of 30 s at 94°C, 30 s at 55°C, and 1 min at 72°C; and an extension of 5 min at 72°C. The PCR products for all markers were separated in 8% non-denatured polyacrylamide gel (PAGE) in 1.0 \times Tris borate EDTA (TBE) buffer followed by silver stains.

2.3. The MABB procedure and crossing

A cross was made between R8166 (female parent) and H4 (male parent) to generate F_1 hybrids during the early crop season (March to July) of 2008 at Guangzhou, Guangdong Province, China. The F_1 plants were backcrossed to R8166 using mixed pollen to generate the BC₁ F_1 generation.

Consecutive backcrossing was conducted until the BC₃ F_1 generation was produced. Pedigree selection was then performed to obtain the target BC₃ F_3 lines (Fig. 1). The recurrent parent and the two stable improved lines R163 and R167, which are simultaneously homozygous for the *Pi46*, *Pita*, and *Wx^b* genes, were selected to cross with the male sterile lines (Ning A and Shen 08S) to produce the corresponding F_1 hybrids for agronomic assessment, disease evaluation, and grain quality tests.

2.4. Evaluation of blast resistance

The resistance spectra of the donor parent, recurrent parent, improved lines, and six F_1 hybrids derived from R163, R167, and R8166 were determined at the seedling stage. In total, 34 highly diverse *M. oryzae* isolates, which were collected from different ecological areas in the Guangdong Province, China across many years, were used for artificial inoculation of leaf blast at the seedling stage. Two-week-old seedlings were spray-inoculated with spore suspensions (1 \times 10⁵ spores mL⁻¹) and were cultured in a dew growth chamber for 24 h in darkness at 26°C. The inoculated seedlings were subsequently transferred into a semi-temperature-controlled greenhouse where the temperature and relative humidity were maintained for six days at around 24–30°C and 90%, respectively. The most serious disease lesions on the inoculated rice leaves were rated on a scale of 0–9, with rating of 0–3 considered as resistant (R) and 4–9 as susceptible (S) according to the Standard Evaluation System for Rice (IRRI 2013).

Neck blast severity was evaluated by growing the tested lines at two natural blast nurseries with a severe blast epidemic, Conghua (23°57'N, 113°55'E) and Yangjiang (21°50'N, 111°58'E), in the Guangdong Province, China during the early crop season (March to July) of 2013. Both sites are characterized with the microclimate (proper temperature and high humidity) favorable for outbreaks of numerous *M. oryzae* races each year during the rice growing season. Each entry was planted in four rows with five hills (3–4 plants per hill) per row at a planting density of 20 cm \times 20 cm. The variety CO39, which is highly susceptible, was planted around each plot as a spreader to maintain the pathogen population diversity and to enhance natural infection. Panicle blast resistance was measured using

Table 1 Molecular markers for marker-assisted selection (MAS) of foreground selection

Marker	Type ¹⁾	Chr.	Trait ²⁾	Forward primer sequence (5'→3')	Reverse primer sequence (5'→3')
RM190	SSR	6	AC, GC	gctacaaatagccaccacacc	caacacaagcagagaagtgaagc
RM224	SSR	11	Blast resistance	atcgatcgatctcaccgagg	tgctataaaaggcattcggg
RM179	SSR	12	Blast resistance	ccccattagtcaccaccacacc	ccaatcagccctatgcctcccc

¹⁾ SSR, simple-sequence repeats.

²⁾ AC, amylose content; GC, gel consistency.

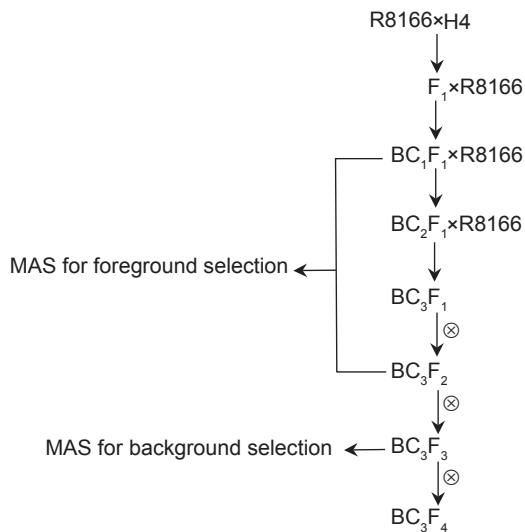


Fig. 1 Schematic work flow of marker-assisted backcross breeding. MAS, marker-assisted selection.

the 0–9 scale of the Standard Evaluation System for Rice (IRRI 2013).

2.5. Assessment of agronomic traits

The donor parent, recurrent parent, improved lines and six F_1 hybrids were grown using a randomized complete block design with three replications at the experimental field of South China Agricultural University, Guangzhou, during the late crop season (July to November) of 2013. Each plots consisted of six rows with six plants per row at a planting density of 20 cm \times 20 cm. Only four plants in the middle of each plot were used to measure agronomic traits. The measured traits included the heading date (days to 50% flowering), plant height, panicles per plant, panicle length, total grains per panicle, seed setting rate, 1000-grain weight, and yield per plant. Water and fertilizer were managed regularly. Statistical analysis was performed with independent samples using the least significance difference (LSD) software (Ni *et al.* 2015).

2.6. Evaluation of grain quality parameters

Rice grains of the tested lines were harvested at physiological maturity and dried naturally to a moisture content of 12–14% in a greenhouse. The dried grains were stored at room temperature for 1 month prior to the evaluation of grain quality parameters. Grain samples of 100 g were taken from each replicate and combined. A total of 50 g of mixed samples were then used as the materials for the grain quality test. Grain samples were dehulled to brown rice (Kett Electric Laboratory, Tokyo, Japan) and milled to

polished rice using a Satake Rice Machine (Satake Corp, Japan), and then grounded to powder using a minipolisher (Qianjiang Yiqishebei Corp, Hangzhou, China). AC and GC were evaluated following the procedures described by Lanceras *et al.* (2000). A standard curve made using the rice samples with known AC was used to estimate the AC of each sample. The GC was determined by measuring the length of grain starch slurry in a culture tube of cold gel. The length of the gel, the distance from the bottom of the tube to the front of the gel migration, was measured in millimetres after one hour. The longer gel is considered to be softer than the shorter gel.

The morphological features of rice grains include the degree of endosperm chalkiness (DEC), chalky grain rate (CGR), and the size and shape of the kernel. Ten seeds of milled rice kernel were selected for measurements. The length and breadth were measured using a vernier calliper, from which the length/breadth ratio (L/B) was calculated. CGR was determined manually using 100 grains of polished head rice each time. The DEC of polished grains was measured using a CanoScan 5600F (Canno Inc., Japan). The evaluation of the above-mentioned grain quality parameters was replicated three times and conducted at South China Agricultural University in December of 2013 (1 month after harvest). Statistical analysis was performed with independent samples using the LSD software (Ni *et al.* 2015).

3. Results

3.1. MAS of the BC_1F_1 , BC_2F_1 , BC_3F_1 , and BC_3F_2 generations

In the early crop season of 2009, 27 BC_1F_1 individuals were firstly assayed with RM190 and 14 plants were identified as being heterozygous state at the *Wx* locus. Subsequently, these 14 plants were genotyped using RM224, and six showed heterozygosity for *Pi46*. Finally, genotyping with RM179 revealed two individuals as being heterozygous at the *Pita* locus. Therefore, these two plants, which simultaneously carried *Wx^b*, *Pi46*, and *Pita* in heterozygous state, were backcrossed with R8166 using mixed pollen to generate the BC_2F_1 generation. Similarly, by using RM190, 17 plants heterozygous at the *Wx* locus were firstly identified from the 35 BC_2F_1 individuals. Among these 17 plants, nine were confirmed to be heterozygous for *Pi46*, and then four were further found to be heterozygous for *Pita*. These four plants were used to generate 41 BC_3F_1 individuals. Only five individuals in the BC_3F_1 population were identified to be simultaneously heterozygous for *Wx^b*, *Pi46*, and *Pita* simultaneously. The BC_3F_2 population was produced from these five individuals through self-pollination.

The BC₃F₂ population was cultivated in the early crop season of 2010, and a total of 500 plants at the young seedling stage were genotyped firstly using marker RM190 for the *Wx* alleles. As a result, 112 plants were homozygous for *Wx*^a, 269 were heterozygous for *Wx*^a/*Wx*^b, and 119 were homozygous for *Wx*^b, respectively. The segregation ratio of 112:269:119 was in accordance with 1:2:1 segregation according to the Chi-square test, $\chi^2=3.08 < \chi^2_{(0.05, 2)}=5.99$. The 119 plants were then genotyped using RM224, and 31 individuals were identified as homozygous for *Pi46*. Finally, seven individuals among the 31 were identified as being homozygous for *Pita*. Therefore, a total of seven plants simultaneously carrying homozygous *Wx*^b, *Pi46*, and *Pita* were identified.

3.2. Producing stable improved lines and genetic background analysis

A total of 200 individuals of the BC₃F₃ generation derived from the above seven BC₃F₂ individuals described above were planted side by side with the recipient parent R8166 in the late season of 2010. At maturity stage, only eight plants, labelled as T1 to T8, were selected based on their closest phenotypic resemblance to the recurrent parent. This work was performed by a panel of four experienced experts in rice breeding. Subsequently, a total of 253 SSR markers were used to assay the genetic background recovery of the eight plants. Although 217 markers gave valid amplification products, only 53 markers were polymorphic between the two parents, R8166 and H4 (Appendix A).

The frequency of the R8166 alleles at non-target loci for the eight plants ranged from 88.68 to 96.23%, with an average ratio of 92.93%, which was very close to the expected value (93.75%). Among the eight plants, four showed higher recovery percentages of the recurrent genome than the theoretical value (Table 2). It implied that the evaluation of performance apparently took work to a degree in the recovery of recipient's genome. For subsequent studies, the individuals T3 and T7, which had the lowest and highest recovery ratio of recurrent genome (88.68 and 96.23%),

respectively, were selfed to generate the stable BC₃F₄ lines, which were designated as R163 and R167.

3.3. Blast resistance of the improved lines and their hybrids

To test the resistance spectrum at the seedling stage, the tested lines were inoculated with 34 different *M. oryzae* isolates. The resistance spectrum of both R163 and R167 reached 94.1%. This is an increase of 58.8% compared with the recurrent parent, which had a resistance spectrum of 35.3% (Table 3). In other words, they conferred resistance to 20 more *M. oryzae* isolates than R8166. Additionally, all of the hybrids derived from R163 and R167 showed broader resistance spectrum than the corresponding hybrids derived from R8166. For example, both Ning A/R163 and Ning A/R167 were resistant to 32.4% more *M. oryzae* isolates than Ning A/R8166, whereas both Shen 08S/R163 and Shen 08S/R167 were resistant to 26.5% more isolates compared with Shen 08S/R8166. The different increasing ranges were observed obviously. This may be attributed to the *R* gene(s) in different sterile lines, which could interact with the *R* gene(s) in the restoring lines and resulted in different resistance reactions. The donor parent H4 conferred a full-spectrum resistance, indicating that it was resistant to more isolates than the recurrent parent, the improved lines and all of the hybrids.

Regarding the severity of neck blast, the improved lines R163 and R167 performed markedly better than the recurrent parent R8166 (Table 4). Likewise, the hybrids derived from R163 and R167 also showed better resistance against neck blast than the corresponding hybrids from R8166. This suggests that the introgression of the two major *R* genes, *Pi46* and *Pita*, played critical roles in enhancing the resistance of R163 and R167 and the derived hybrids. Among the 10 tested lines, six performed better at the Yangjiang nursery than at the Conghua nursery in terms of disease response (Table 4). This indicated that there probably existed more virulent races at the Conghua nursery or that conditions at the Conghua nursery

Table 2 Ratio of genetic background recovery of the eight plants using 53 polymorphic simple sequence repeat (SSR) markers

Material	No. of loci identical with R8166	No. of loci identical with H4	R8166 genome (%)	H4 genome (%)	Heterozygosity (%)
T1	49	2	92.46	3.77	3.77
T2	50	1	94.34	1.89	3.77
T3	47	3	88.68	5.66	5.66
T4	50	2	94.34	3.77	1.89
T5	48	2	90.57	3.77	5.66
T6	49	1	92.45	1.89	5.66
T7	51	1	96.23	1.89	1.88
T8	50	2	94.34	3.77	1.89
Average	49.25	1.75	92.93	3.30	3.77

Table 3 Resistance reactions of varieties of H4, R8166, R163, R167, and their derived hybrids to 34 *Magnaporthe oryzae* isolates¹⁾

Isolate	H4 (<i>Pi46</i> , <i>Pita</i> , other)	R8166	R163 (<i>Pi46</i> , <i>Pita</i>)	R167 (<i>Pi46</i> , <i>Pita</i>)	Ning A/ R163 (<i>Pi46</i> , <i>Pita</i> , other)	Ning A/R167 (<i>Pi46</i> , <i>Pita</i> , other)	Shen 08S/ R163 (<i>Pi46</i> , <i>Pita</i> , other)	Shen 08S/ R167 (<i>Pi46</i> , <i>Pita</i> , other)	Ning A/ R8166 (<i>Pi46</i> , <i>Pita</i> , other)	Shen 08S/ R8166 (<i>Pi46</i> , <i>Pita</i> , other)
GD93286	R	S	R	R	R	R	R	R	S	R
GD9866	R	S	R	R	R	R	R	R	S	S
GD00193	R	S	R	R	R	R	R	R	R	R
GD0526	R	R	R	R	R	R	R	R	R	R
GD0618	R	S	R	R	R	R	R	R	R	S
GD06141	R	R	R	R	S	S	S	S	S	S
GD06311	R	R	R	R	R	R	R	R	R	R
GD07116	R	S	R	R	R	R	R	R	R	S
GD07235	R	S	R	R	R	R	R	R	R	R
GD08866	R	S	R	R	R	R	R	R	R	R
GD08758	R	S	R	R	R	R	R	R	S	R
GD08950	R	S	R	R	R	R	R	R	R	S
GD08T6	R	S	R	R	R	R	R	R	S	R
GD08T13	R	S	R	R	R	R	R	R	S	S
GD0983	R	S	R	R	R	R	R	R	R	R
GD09103	R	S	R	R	R	R	R	R	S	S
GD09109	R	R	R	R	R	R	R	R	R	R
GD09305	R	S	R	R	R	R	R	R	S	S
GD10112	R	R	R	R	R	R	R	R	R	R
GD10127	R	S	R	R	R	R	R	R	S	R
GD10318	R	R	R	R	R	R	R	R	R	R
GD10359	R	R	R	R	R	R	R	R	R	R
GD10383	R	S	R	R	R	R	R	R	S	S
GD10405	R	R	R	R	R	R	R	R	R	R
GD10424	R	S	R	R	R	R	R	R	S	R
GD10431	R	S	S	S	S	S	S	S	S	S
GD10555	R	R	R	R	R	R	R	R	R	R
GD10560	R	S	R	R	R	R	R	R	S	R
GD11122	R	R	R	R	R	R	R	R	R	R
GD11161	R	S	S	S	S	S	R	R	S	R
GD11193	R	R	R	R	R	R	R	R	R	R
GD11235	R	S	R	R	R	R	R	R	R	S
GD11239	R	R	R	R	R	R	R	R	R	R
GD11318	R	S	R	R	R	R	R	R	R	R
Resistance spectrum (%)	100	35.3	94.1	94.1	91.2	91.2	94.1	94.1	58.8	67.6

¹⁾ Resistance spectrum was calculated from the ratio of the number of incompatible isolates and the total number of tested isolates. R, resistant; S, susceptible.

increased susceptibility to neck blast.

3.4. Agronomic performance of the improved lines and their derived hybrids

We examined the agronomic traits for the tested lines planted in Guangzhou where there was no disease stress.

Compared with the recipient parent, the improved version R163 had significantly decreased heading date and yield per plant, but significantly increased seed setting rate. The decrease in heading date indicated that R163 matured earlier, which was desirable. Except for markedly increased panicle length, the improved version R167 showed no significant differences from the recipient parent in other agronomic traits,

indicating that it shared the closest phenotypic resemblance with the recipient parent. Therefore, the two improved lines and the recurrent parent can be recognized as a panel of near isogenic lines (NIL), because they almost shared the same background. Both R163 and R167 were phenotypically distinct from the donor parent H4, exhibiting significant differences in multiple traits. In comparison to the recurrent parent, the donor parent showed significant decreases in heading date, grains per panicle, 1 000-grain weight, and yield per plant, respectively. Nevertheless, the donor parent showed markedly high seed setting rate compared with the recipient parent (Table 5). The reduction of heading date in R163 could thus be ascribed to the genomic segments inherited from the donor parent. However, the reduced yield per plant of R163 could be attributed to the mixed results of slightly less panicles, grains, and grain weight.

Regarding hybrids, both Ning A/R163 and Shen 08S/R163 showed a significant reduction in heading date compared with their counterparts Ning A/R8166 and Shen 08S/R8166 (Table 6), indicating that the early heading date of R163 could be passed to its hybrids. However, the reduced

range from Ning A/R163 to Ning A/R8166 was wider than that from Shen 08S/R163 to Shen 08S/R8166. This may be due to the interactions of R163 with different sterile lines. Ning A/R163 had significantly reduced panicle length compared with Ning A/R8166. However, Ning A/R163 had a markedly increased seed setting rate, which could compensate for the fewer grains per panicle. Consequently, no significant difference in yield per plant was detected between Ning A/R163 and the control Ning A/R8166. Similarly, Ning A/R167 exhibited no significant differences with Ning A/R8166 in all of the tested traits, which reflected the closest phenotypic resemblance. Shen 08S/R163 had dramatically reduced yield per plant, which may be due to the reduction in panicles per plant, grains per panicle, and 1 000-grain weight compared with Shen 08S/R8166. Shen 08S/R167 showed a significant increase in plant height over Shen 08S/R8166. Nevertheless, there was not a significant increase in yield per plant because plant height is not a yield components. Generally, the hybrids derived from the improved version R167 *per se* showed superiority over the hybrids from R163 in yield per plant.

Table 4 Neck blast resistance reactions of varieties of H4, R8166, R163, R167, and the derived hybrids at two natural nurseries¹⁾

Location	H4	R8166	R163	R167	Ning A/ R163	Ning A/ R167	Shen 08S/ R163	Shen 08S/ R167	Ning A/ R8166	Shen 08S/ R8166
Conghua	1	9	3	3	3	3	3	3	9	9
Yangjiang	0	9	1	1	3	3	1	1	9	7

¹⁾ The ratings of panicle blast disease. 0, no incidence of infected panicles, highly resistant; 1, incidence of severely infected panicles less than 5.1%, resistant; 3, 5.1–10% of severely infected panicles, moderately resistant; 5, 10.1–25% of severely infected panicles, moderately susceptible; 7, 25.1–50% of severely infected panicles, susceptible; 9, more than 50% of severely infected panicles, highly susceptible.

Table 5 Comparison of agronomic traits between the two improved versions, the donor parent and the recurrent parent

Line	Heading date (d)	Plant height (cm)	Panicles per plant	Panicle length (cm)	Grains per panicle	Seed setting rate (%)	1 000-grain weight (g)	Yield per plant (g)
R8166	75.50±0.75	104.95±0.78	9.17±0.52	23.81±0.93	158.75±7.70	91.03±0.63	20.68±0.19	26.31±0.85
R163	72.17±0.52 a	103.98±0.83 b	9.08±0.38 b	24.16±0.75	152.08±9.23	92.19±0.82 a	20.41±0.18 ab	25.21±0.97 a
R167	75.16±0.63 b	105.66±0.54	8.91±0.28 b	25.02±0.53 a	163.25±9.31 b	91.35±0.99	20.75±0.12 b	26.54±0.91 b
H4	72.50±0.25 a	105.68±0.89	9.67±0.38	24.95±0.85	143.50±5.81 a	92.44±0.92 a	19.06±0.18 a	24.39±0.71 a

Data showed as means±SD. Small letters mean the variance of measurement was significantly different from R8166 and H4 at $P<0.05$, respectively.

Table 6 Comparison of agronomic traits between hybrids derived from the two improved versions and the recurrent parent

Group	Line	Heading date (d)	Plant height (cm)	Panicles per plant	Panicle length (cm)	Grains per panicle	Seed setting rate (%)	1 000-grain weight (g)	Yield per plant (g)
a	Ning A/R8166	84.50±0.75	102.86±1.37	10.17±0.52	24.71±0.68	163.08±9.02	91.35±0.89	18.67±0.29	27.61±1.05
	Ning A/R163	80.58±0.63**	102.15±0.79	10.33±0.52	23.29±0.88*	156.75±10.40	92.48±0.69*	18.56±0.14	26.86±0.97
	Ning A/R167	85.08±0.38	103.34±1.12	10.25±0.25	24.91±0.76	165.92±7.84	91.25±0.70	18.77±0.18	28.38±1.10
b	Shen 08S/R8166	82.67±0.76	104.03±0.97	9.58±0.38	23.40±0.65	150.75±8.01	91.87±0.62	21.41±0.37	28.47±0.77
	Shen 08S/R163	80.08±0.63**	103.26±0.85	9.42±0.52	23.87±0.67	149.58±6.63	92.12±0.44	21.17±0.12	27.14±1.03*
	Shen 08S/R167	82.50±0.66	105.41±0.85*	9.67±0.29	24.61±1.12	153.17±8.18	91.65±0.57	21.32±0.20	28.71±0.96

Data are means±SD. * and **, the agronomic trait showed significant differences when compared with the corresponding hybrid derived from R8166 in the same group at $P<0.05$ and $P<0.01$ levels, respectively.

3.5. Grain quality of the improved lines and their hybrids

As expected, the improved lines R163 and R167 had an AC of ~15.03 and 15.37%, respectively, which is close to the AC of the recipient parent (14.24%) but markedly lower than that of the recurrent parent (25.58%). The CGR of R163 and R167 were reduced to ~8.00 and 10.33%, respectively, in comparison to R8166. Significant reduction of DEC was also observed in R163 and R167 compared with R8166. Conversely, the GC of R163 and R167 was increased over R8166 by 16.73 and 15.56 mm, respectively (Table 7). However, all three lines had similar L/B, which indicates that the two improved versions retained a similar grain shape as the recurrent parent. Overall, R163 and R167 have improved grain quality in terms of AC, GC, CGR, and DEC simultaneously.

Both Ning A/R163 and Ning A/R167 had significantly lower AC, CGR, and DEC but markedly higher GC compared with the control Ning A/R8166. This proved that Ning A/R163 and Ning A/R167 remarkably improved in multiple quality parameters. The same trend was also observed for Shen 08S/R163 and Shen 08S/R167 compared with Shen 08S/R8166 (Table 8). However, the hybrids derived from Shen 08S displayed more reduction in AC, CGR, and DEC and more increase in GC than the corresponding hybrids derived from Ning A. In conclusion, Shen 08S/R163 and Shen 08S/R167 showed superior grain quality compared with Ning A/R163 and Ning A/R167, respectively. This is mainly due to the effects of the different sterile lines on the grain quality of the F₁ hybrids.

4. Discussion

MABB, which includes two steps (i) MAS for the target gene(s), known as foreground selection and (ii) MAS for recovery of the recurrent parent genome, known as background selection (Hospital *et al.* 1992), is the most effective way of integrating specific gene(s) into an elite line to breed new lines that have the desired donor allele(s) but otherwise look identical to the recurrent parent (Basavaraj *et al.* 2010). It is the outstanding advantages that make MAS prevail over conventional breeding and has been utilized widely for decades. However, the accuracy of MAS depends mainly on the distance between the target gene and its closest marker. In this study, we used the marker RM190 for MAS breeding of rice lines with improved grain quality. Because RM190 is a functional marker of the *Wx* gene, there is no doubt about the accuracy of MAS. The marker RM224, which is linked with the *R* gene *Pi46* at ~1.0 cM (Xiao *et al.* 2011), is close enough to be used for MAS. In addition, *Pi46* is located in a cross-cold region, this reduces recombination between this *R* gene and the marker RM224. Although several functional markers have been developed for *Pita* (Jia *et al.* 2002; Wang *et al.* 2007), they are dominant markers that cannot discriminate heterozygous from homozygous genotypes. In our previous research, we found that it is very efficient to use the marker RM179 to tag *Pita* (data not shown) because RM179 is located near the centromere of chromosome 12 where *Pita* is covered (Bryan *et al.* 2000). It is well-known that recombination case seldom occurs in the region spanning centromere (Nakamura *et al.* 1997). Therefore, RM179 is also tightly-linked with *Pita*. Actually,

Table 7 Comparison of grain quality between the two improved versions, the donor parent and the recipient parent¹⁾

Line	AC (%)	GC (mm)	CGR (%)	DEC (%)	L/B
R8166	25.58±0.52	56.47±0.90	19.33±0.25	11.14±0.31	3.01±0.05
R163	15.03±0.25 ab	76.93±1.27 a	8.00±1.63 ab	2.48±0.49 ab	2.93±0.06
R167	15.37±0.54 ab	75.97±1.05 ab	10.33±1.70 ab	3.14±0.38 ab	2.97±0.09
H4	14.24±0.43 a	78.83±1.17 a	4.67±0.94 a	1.04±0.21 ab	2.91±0.06

¹⁾AC, amylose content; GC, gel consistency; CGR, chalky grain rate; DEC, degree of endosperm chalkiness; L/B, length/breadth ratio. Data are means±SD. Small letters mean the variance of measurement was significantly different from R8166 and H4, respectively, at $P<0.05$.

Table 8 Comparison of grain quality between hybrids derived from the two improved versions and the recurrent parent¹⁾

Group	Lines	AC (%)	GC (mm)	CGR (%)	DEC (%)	L/B
a	Ning A/R8166	26.01±0.82	54.23±1.48	24.67±1.53	13.71±0.88	3.19±0.12
	Ning A/R163	21.18±0.43**	61.67±1.03**	15.67±1.15**	5.83±0.73**	3.12±0.14
	Ning A/R167	21.54±0.52**	62.43±1.16**	16.33±0.58**	6.51±0.95**	3.15±0.15
b	Shen 08S/R8166	20.75±0.47	63.27±0.84	14.33±0.58	4.86±0.68	3.06±0.09
	Shen 08S/R163	14.37±0.31**	78.37±1.10**	6.67±0.57**	1.93±0.24**	3.02±0.08
	Shen 08S/R167	15.14±0.25**	77.43±0.93**	7.33±1.15**	2.05±0.19**	3.07±0.11

¹⁾AC, amylose content; GC, gel consistency; CGR, chalky grain rate; DEC, degree of endosperm chalkiness; L/B, length/breadth ratio. Data are means±SD. * and ** mean that the agronomic trait showed significant difference when compared with the corresponding hybrid derived from R8166 in the same group at $P<0.05$ and $P<0.01$ levels, respectively.

for better accuracy, all the individuals heterozygous for *Pita* in the BC₁F₁ (two plants), BC₂F₁ (four plants), and BC₃F₁ (five plants) generations and the individuals homozygous for *Pita* in the BC₃F₂ population (seven plants) based on RM179 genotypic assays, were subjected to a pathogenic assay at the seedling stage with an *M. oryzae* isolate that is avirulent to *Pita*. This confirmed the accuracy of using RM179 for the MAS of *Pita*.

In this study, both the improved versions and their derived hybrids showed broad resistance spectrum at the seedling stage and enhanced resistance to neck blast at the adult stage. The resistance of R163, R167 and their derived hybrids was dramatically enhanced, reaching our anticipated target. Our results showed that the combination of *Pi46* and *Pita* really works to improve blast resistance. Before developing the improved lines, we deeply considered whether we should integrate *Pi46* or *Pita*. Eventually, we chose to introduce both genes because resistance due to a single *R* gene tends to be overcome by the *M. oryzae* races which are complicated and dynamic in natural nurseries. The findings revealed that several classic cultivars with broad-spectrum resistance, including Moroberekan, Tetep, IR64, Sanhuangzhan 2, and LAC 23, harbored multiple (at least two) *R* genes simultaneously (Mackill and Bonman 1992; Chen *et al.* 1999; Sallaud *et al.* 2003; Barman *et al.* 2004; Liu *et al.* 2004). We have found that the presence of only *Pi46* or only *Pita* could not condition good neck blast resistance (Xiao *et al.* 2016). In addition, we speculated that R8166 carries other *R* gene(s) because it had a resistance spectrum of 35.3%, conferring resistance to 12 isolates among the tested 34. Therefore, it can be concluded that the broad-spectrum resistance of the improved lines (R163 and R167) resulted from the introduction of *Pi46*, *Pita*, and other *R* gene(s) from R8166. Similarly, the enhanced resistance of the hybrids derived from the improved lines may be due to the interaction between *R* genes in the improved lines and those in the different sterile lines. In fact, we could witness that isolate GD11161 was virulent to R163 and R167, but avirulent to Shen 08S/R163 and Shen 08S/R167. This is because the sterile line Shen 08S was resistant to the isolate and the resistance could be transferred to its F₁ hybrids (Table 3). Therefore, the improved versions could be used to cross with sterile lines with different *R* gene(s) to obtain broader resistance.

Currently, there is a strong emphasis in China on improving the grain quality of hybrid rice varieties, especially the quality of *indica* hybrids. The most serious problems lie in the eating and cooking quality as well as appearance. It is known that the eating and cooking quality of rice is largely determined by AC of the endosperm, which is mainly controlled by the *Wx* locus (Zhou *et al.* 2003; Yi *et al.* 2009). Thus, it is feasible to improve the grain quality using MAS

for *Wx*. In this study, the *Wx^b* gene in the donor parent was successfully integrated into the recipient parent. The improved versions showed dramatically lower AC and higher GC than the recipient parent. This confirms the effectiveness of improving the grain quality of the restoring line itself. However, our ultimate aim was to improve the grain quality of the derived hybrids, which would be commercialized. It is well known that the grain quality of a hybrid cultivar depends on both the maternal and paternal parents. Although all the hybrids derived from R163 and R167 displayed significantly improved grain quality compared with their counterparts, the hybrids Ning A/R163 and Ning A/R167 still showed poor grain quality owing to the high AC (21.18 and 21.54%) and hard GC (61.67 and 62.43 mm). This could be attributed to the inferior grain quality of the sterile line Ning A. Since the *Wx^a* allele is a dominant allele and leads to high AC (Jairin *et al.* 2009). The Ning A/R163 and Ning A/R167 hybrids, which had the genotype of *Wx^a/Wx^b*, had high AC and hard GC similar to Ning A. Therefore, it is necessary to cross the improved lines with the sterile lines displaying good grain quality to generate hybrids with superior grain quality. To take advantage of the two improved lines, the development of new hybrids using them is in progress.

Chalkiness, a critical factor influencing grain appearance, has also attracted wide attention in hybrid rice development. Translucent rice, which is preferred by consumers, is usually characterized by low chalkiness (Zhou *et al.* 2015). In this study, we observed that the CGR and DEC decreased along with the reduction of AC in the improved lines and their hybrids in this study (Tables 7 and 8). Consistent with our finding, Zhou *et al.* (2003) found that AC decreased in parallel with the reduction in grain opacity, when *Wx* from Minghui 63 was introduced to Zhenshan 97. Although there is no direct evidence that AC contributes to the occurrence of endosperm chalkiness, variation in AC was reported to be associated with the formation of grain chalkiness (Cheng *et al.* 2005; Cai *et al.* 2013), indicating that AC and chalkiness may be co-regulated by certain factors. Further studies are needed to determine the relationship between AC and chalkiness.

Based on our findings in the present study, we selected the two lines with the lowest and highest recovery ratio of the recurrent genome for further studies. When performing MABB, we usually try to obtain improved versions with the highest recovery ratio to maintain the closest phenotypic resemblance with the recurrent parent. Therefore, R167 was naturally the aim of the improvement plan. Considering the low recovery ratio of R163, we hoped to obtain a line not only showing improved blast resistance and grain quality, but also showing distinct agronomic traits from the recurrent parent to increase genetic diversity. R163 showed significantly earlier maturity and low yield. Besides, its

derived hybrids were inferior to the hybrids derived from R167 in general. This indicates that R163 inherited some genomic segments with linkage drag from the donor parent, which might account for the earlier maturity and low yield of R163 compared with the recipient parent. Therefore, it was undesirable to select the lines with a large percentage of genetic background from the donor parent in this study. This is because the donor parent (H4) actually showed poorer agronomic traits and lower yield compared with the recipient parent (R8166). However, if the donor parent is better than the recurrent parent in agronomic traits, it would be feasible to select improved lines with the incorporation of different proportion of the donor parent's genetic background.

5. Conclusion

Two restoring lines R163 and R167 were developed by incorporating three genes, *Pi46*, *Pita*, and *Wx^b*, through MABB and agronomic selection. Both of them acquired enhanced blast resistance and improved grain quality. Besides, the hybrids derived from the two improved lines also obtained remarkable improvement in blast resistance and grain quality compared with their counterparts. The two improved lines could, therefore, be used to develop elite hybrids.

Acknowledgements

We thank Dr. Wu Kunsheng, Monsanto Company, St. Louis, Missouri, USA for critical reading of the manuscript. This research was supported by the grant from the State Scholarship Fund of China (20153069), the the National Key R&D Program of China (2016YFD0101100) and by the earmarked fund for China Agriculture Research System (CARS-01-12).

Appendix associated with this paper can be available on <http://www.ChinaAgriSci.com/V2/En/appendix.htm>

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